

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meet Day! Westwood 5pm Warm Up 5:30pm Start	2 Practice: Milford HS: 7:15-8:30am	3 Meet Day! Walpole 5:30pm Warm Up 6pm Start	4 Practice: Milford HS: 7:15-8:30am	5
6	7 Practice: Milford HS: 7:15-8:30am	8 Meet Day! Natick 5pm Warm Up 5:30pm Start	9 Practice: Milford HS: 7:15-8:30am	10 Meet Day! Medfield 5:30pm Warm Up 6pm Start	11 Practice: Milford HS: 7:15-8:30am	12 League Championships TBD
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		