

Medway Parks & Recreation



2024 Spring & Summer Brochure

155 Village Street, Medway, MA 02053

www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

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PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)

Lyle Core

Richard D'innocenzo

John Farrell

Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740

Website: **MedwayParksRec.com**

Field Closings: Website/Facebook will be updated with closures

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at **MedwayParksRec.com** and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

OFFICE HOURS

Monday: 7:30am—5:30pm

Tuesday: 7:30am—4:30pm

Wednesday: 7:30am—4:30pm

Thursday: 7:30am—4:30pm

Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

120 Main Street Medway, MA 02053

SPRING AND SUMMER RECREATION REGISTRATION FOR MEDWAY RESIDENTS: MONDAY, FEBRUARY 26 AT 9:00AM

SPRING AND SUMMER RECREATION REGISTRATION FOR NON-RESIDENTS: MONDAY, MARCH 4 AT 9:00AM

SUMMER CONCERT

Series **Charles River Bank**
 Personal Connections. Powerful Solutions.

Thank you to our Event Sponsors and Cover Photo:



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

THE TOWN OF MEDWAY PRESENTS

MEDWAY CLEAN SWEEP

April 27, 2024 | 8-11 AM



FOR MORE INFORMATION, PLEASE EMAIL
CLEANSWEEP@TOWNOFMEDWAY.ORG



SPRING EGG HUNT

30 MARCH 2024 | SATURDAY, FREE ENTRY
STARTS AT 9:00 AM

EGG HUNT, MEET EASTER BUNNY & MUCH MORE!

Oakland Park, 76 Oakland Street

Pre-registration is required, visit: www.medwayparksrec.com

FLASHLIGHT EGG HUNT



29 MARCH | CHOATE PARK
TEEN: 7-7:30PM
ADULT: 7:45-8:15PM

FOR MORE INFORMATION AND TO REGISTER
WWW.MEDWAYPARKSREC.COM
508-321-4740

MEDWAY PARKS AND RECREATION &
MEDWAY HIGH FISHING CLUB
PRESENTS



FISHING DERBY

SATURDAY, JUNE 1ST, 2024

7-10AM CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. Class will be held on Upper Memorial Fields ***No class: 5/26, Rain Date: 6/16.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Apr. 28 - Jun. 9	Up. Memorial	\$175
2-3	SU	10:10 - 10:50am	Apr. 28 - Jun. 9	Up. Memorial	\$175
4-5	SU	11:00 - 11:50am	Apr. 28 - Jun. 9	Up. Memorial	\$175



PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	1:00 - 1:45pm	Apr 29 - May. 20	Choate Park	\$40



DINOSAUR PARTY

Instructed by Medway Parks and Recreation

Does your little one love dinosaurs? Come join us to celebrate national dinosaur day with some dinosaur crafts, stories, and activities. We'll stuff our own dinosaur, make a dinosaur craft and so much more for a roaring good time!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	10:00 - 11:00am	May 31	Choate Park	\$20

BASEBALL/TBALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. ***No class: 5/25, Rain Date: 6/15.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Apr. 27 - Jun. 8	Upper Memorial	\$120

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	10:00 - 10:45am	May 2 - Jun. 6	Choate Park	\$45

PRESCHOOL BASKETBALL

Instructed by Viking Sports

Minihoops, miniballs and a ton of fun! This class is created for 3-5 year olds and will work on having fun while learning some fundamentals of basketball. There will be lots of team games, as well as parental participation to encourage the children! Dribbling, passing, and shooting will be the three main fundamental focuses throughout this program. ***Rain Date: 6/13.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	TH	3:15 - 4:00pm	May 2 - Jun. 6	Oakland	\$120



CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme. Grab your shovel and get ready to get dirty. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	May 10	Dino Dig	\$10
2-5	F	10:00 - 10:50am	Jun. 7	Buried Treasures	\$10

MINI MUSICIANS

Instructed by Go Go Allegro

Join us with your little ones for an introduction to music exploring rhythm and pitch in a fun setting! We believe children can be introduced to the joy of music and in the process develop valuable skills. A comprehensive music program will aid in the educational, physical and social development of the child. Our primary objective is to encourage and develop children's natural creativity and interest in music. We use musical concepts and movement to help young children engage with one another and gain skills they can use throughout their school years and beyond. Our programs teach active listening, vocabulary, phonological awareness, and print awareness all through developmentally-appropriate musical activities including exploration of rhythm, pitch, keeping time, and making music together. **Attendance of one adult per child is required for this class. Class will be held Millis Veterans Memorial Building, Room 130.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-4.5	TU	10:15 - 11:00am	Apr. 23 - Jun. 11	Millis	\$170

TINY TUNES

Instructed by Go Go Allegro

Come expose your baby to music! We will be playing songs, interacting with instruments, and teaching parents fun games for musical development. Learn how to expose your child to cultures from all around the world, just through rhythm and melody. We will also discuss how to listen to music with your baby, and give you learning resources from around the world. Come discover the wonderful world of music with your baby. **Attendance of one adult per child is required for this class. Class will be held Millis Veterans Memorial Building, Room 130.**

AGE	DAY	TIME	DATES	LOCATION	FEE
Birth-2	TU	9:15 - 10:00am	Apr. 23 - Jun. 11	Millis	\$170

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***No Class 5/27.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	9:30 - 10:15am	Apr. 29 - Jun. 10	Cassidy Field 4	\$125

SOCCER 3-5 YRS

Instructed by Medway Parks and Recreation

Soccer 3-5 year old's will provide children with a variety of different games, while introducing the basics of soccer. Each week your child will play different games and soccer activities that focus on developing motor skills, coordination, and social skills. In this class there will be lots of running, dribbling, and scoring goals!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	W	10:30 - 11:15am	Apr. 24 - May 29	Cassidy Field 4	\$60

TINY TOT OLYMPICS

Instructed by Medway Parks and Recreation

Little Olympians ages 3-5 are invited to participate in a wide variety of fun and silly games. The cost includes mock Olympic torches, super stickers after each event and a yummy treat to conclude an amazing Olympiad, don't forget the camera for this event. Get in the Olympic spirit and join the fun!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	W	1:00 - 2:00pm	May 15	Cassidy Field 4	\$10



SPRING ARTS AND CRAFTS

Instructed by Medway Parks and Recreation

Enjoy crafting and creating spring inspired projects with natural and faux spring materials! ***Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	F	3:30 - 4:30pm	Apr. 5	Snack Shack	\$15



PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 5/25. Rain Date: 6/15.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Apr. 27 - Jun. 8	Upper Memorial	\$120

ALL SPORTS 2-3 YRS

Instructed by Medway Parks and Recreation

Our parent-child all sports 2-3 yr. old class will focus on developing both fine and gross motor skills, lots of running around, following directions, and game play. Activities will include games, basic sports, obstacle courses, and tag games. Get ready to SCORE GOALS, HIT HOME RUNS, and HAVE FUN!!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-3	W	9:30 - 10:15am	Apr. 24 - May 29	Cassidy Field 4	\$60

ALL SPORTS 3-5 YRS

Instructed by Medway Parks and Recreation

All sports 3-5 yr. old class will focus on developing both fine and gross motor skills, lots of running around, following directions, and game play. Activities will include games, basic sports, obstacle courses, and tag games. Get ready to SCORE GOALS, HIT HOME RUNS, and HAVE FUN!!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	1:30 - 2:15pm	Apr. 23 - May 28	Cassidy Field 4	\$60

BIRDIE PUTT & CHIP: INTRO TO GOLF

Instructed by Sports Zone 101

Golf is a lifelong sport. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping. ***No class 5/25.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 11:00am	Apr. 27 - Jun. 8	Cassidy Field 4	\$140

LITTLE BIG LEAGUERS

Instructed by Sports Zone 101

Come join the Sports Zone 101 coaches as we teach the basic skills and movements needed to play baseball. This is a great program to help prepare your child for their upcoming T-Ball season! We will instruct students how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate! We will spend time getting to know each other, learn more about the way our bodies move, and explore new ways to stay active and have fun doing it! We will help develop your child's sensory and gross motor skills in our exciting 3-5 year Little Big Leaguer program! ***No class 5/25.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 10:00am	Apr. 27 - Jun. 8	Cassidy Field 4	\$140

DESIGN THE RUNWAY

Instructed by Little Scholars

Design your very own fashion line with us! Budding designers will keep a fashion portfolio, create a one-of-the-kind piece with recyclable goods and end the program with a Runway Show to rival Fashion Week! We will participate in several design challenges too. Come design the runway with us! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	6:15 - 7:15pm	Apr. 25 - Jun. 13	Snack Shack	\$170



CHESS WIZARDS

Instructed by Chess Wizards

Chess Wizards is so popular with kids because of our unique structure. First, we let kids get the wiggles and giggles out with 10 minutes of free play and review of past taught topics. We then go right into the week's lessons. We separate students based on skill levels and teach different lessons best suited to their individual needs. ! Chess has been taught for thousands of years because of its emphasis on logic, tactics and sportsmanship. Let us coach your kids to a higher level of education! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	5:30 - 6:30pm	Mar. 5 - Apr. 9	Snack Shack	\$140
1-5	TU	5:30 - 6:30pm	Apr. 30 - Jun. 4	Snack Shack	\$140



KIDS GAME NIGHT

Instructed by Medway Parks and Recreation

Grab some friends and join us for a night of games such as minute to win it. Pizza will be served for dinner! **Class will take place at the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	6:00 - 7:30pm	May 9	Snack Shack	\$10



KIDS CHARCUTERIE FUN!

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a charcuterie board! It will be a great time with food, friends, and fun! **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	TH	4:00 - 5:00pm	May 2	Snack Shack	\$10



SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your child's wildest sweetest dreams come true in these decorating adventure workshops. Each participant will have a baked dessert provided for them and be led through instructions in how to decorate it to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:00pm	May 7	Pizza Cake	\$20
7-13	TU	4:00 - 5:00pm	May 28	Candy Extravaganza Cake	\$20
7-13	TU	4:00 - 5:00pm	Jun. 11	Beach Party Cake	\$20

NERF BATTLEFIELDS

Instructed by Sports Zone 101

Come join the Sports Zone Lieutenants as we test our individual and team effectiveness in battle! This awesome program puts a fresh spin on traditional games like capture the flag, while also allowing children to get great exercise, learn some strategic planning skills, and make new friends. There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today! Pizza is served for dinner!

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	5:30 - 7:00pm	May 14	Cassidy Field 4	\$20
K-5	W	5:30 - 7:00pm	Jun. 5	Cassidy Field 4	\$20



MEDWAY DETECTIVES

Instructed by Sports Zone 101

Each week we will host a fun mystery party for the Medway Detectives. These are traditional, face-to-face mysteries with minimal role-playing and exciting scavenger hunt activities incorporated into the game. These mysteries are light and fun and geared toward kids 5-12 years old. There will be some interactive media, problem solving, teamwork, and plenty of fun! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	6:30 - 7:30pm	Apr. 30 - Jun. 4	Snack Shack	\$140



STEM CHALLENGES

Instructed by Sports Zone 101

STEM challenges are activities where students design and build solutions to problems using a combination of science, technology, engineering, and math skills. We will have fun and exciting challenges each week for our students to explore. Some challenges include catapults, ramp making, waterproofing, egg dropping, and so much more! Challenges will range in complexity, but we will have additional activities on hand if students find the challenge too complex. Come learn and explore! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	5:15 - 6:15pm	Apr. 30 - Jun. 4	Snack Shack	\$140



CYBER-CRAWLER ROBOT

Instructed by Minds in Motion

Build and take home your very own Cyber-Crawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your Cyber-Crawler on its way! You can design obstacles and maze courses with your classmates and see how far you can go. With a maximum storage capacity of 64 tasks, your Cyber-Crawler Robot will be a terrific starter tool to learn the joy of coding. This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating and educational robotic experience! ***Class will be held in the Choate Park Snack Shack. No class 4/17.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	W	4:30 - 5:30pm	Apr. 3 - May 15	Snack Shack	\$130



BUNNY MASKS & DECORATIONS

Instructed by Medway Parks and Recreation

Make and create a unique Bunny mask and Easter/Spring decorations. Each participant will make a mask and two Easter/spring decorations to bring home. ***Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	F	4:30 - 5:30pm	Mar. 29	Snack Shack	\$20

STREET HOCKEY

Instructed by Medway Parks and Recreation

Love street Hockey? Grab some friends and head to Oakland Park for weekly pick up games. Fee includes a t-shirt. ***The program will be held at the Oakland Basketball courts.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	W	5:30 - 6:30pm	May 1 - May 29	Oakland	\$20



PAINT NIGHT

Instructed by Let's Paint Club

Join Letiana from Let's Paint Club for a Spring paint night. Participants will listen to music, be creative, and have fun. At the end of the session, each painter will have their own 11" x14" painting to keep. All art supplies and instruction are provided to let yourself enjoy a night away from screens! ***Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	6:00 - 7:00pm	May 30	Snack Shack	\$30



KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Please visit the website to see the menus for each season.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	M	5:30 - 6:30pm	Mar. 18 - Apr. 29	Online	\$85



EASTER CENTERPIECES

Instructed by Medway Parks and Recreation

Join us for a fun hands on centerpiece workshop! Participants will use a variety of materials to create a one of a kind centerpiece for Spring get togethers. ***Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	F	5:30 - 6:30pm	Mar. 29	Snack Shack	\$25



SCIENCE CLUB

Instructed by Medway Parks and Recreation

Join us for a fun afternoon of science experiments and projects! **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	M	3:30 - 4:30pm	Mar. 25	Snack Shack	\$15



ANIMATION & DEVELOP GAMES

Instructed by Escout Academy

eScout Academy offers an introduction to the basics of science and physical computing, game building, and Lego robotics concepts in a fun and easy way. In Animation and Develop Games Levels 1 & 2, students will be introduced to code puzzles, express and apply computing steps, and build and play with code blocks. Create games using sequencing, conditionals, and Operators concepts. Participants will need a laptop or tablet. Headphones are optional. **All programs are offered via Zoom. *No class 5/27.**

AGE	DAY	TIME	DATES	LOCATION	FEE
8-11	M	5:30 - 6:30pm	Apr. 22 - Jun. 17	Online	\$135

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3+	TU	5:00 - 5:50pm	Apr. 23 - Jun. 11	Norfolk	\$150
3+	SU	10:00 - 10:50am	Apr. 28 - Jun. 16	Norfolk	\$150

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! ***No class 5/27.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:30 - 5:15pm	May 6 - Jun. 3	Choate	\$30

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/25, Rain Date: 6/15.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:45 - 10:45am	Apr. 27 - Jun. 8	HS Tennis Court	\$65
3-5	SA	11:00 - 12:00pm	Apr. 27 - Jun. 8	HS Tennis Court	\$65

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Skaters must possess level 1 U. S. Figure Skating Basic proficiency in order to participate. Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TU	5:00 - 5:50pm	Apr. 23 - Jun. 11	Norfolk	\$150

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades K to 8 (for next school year starting in Sep. 2024). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration opens Friday, May 31 at 9am.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130
3-4	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. ***Rain Date: 6/13.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TH	4:00 - 5:00pm	May 2 - Jun. 6	Oakland Court	\$120

BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Beginner Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play! ***The program will held at the Burke Memorial Outdoor Basketball Courts.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SU	1:00 - 4:00pm	May 19	Memorial Courts	\$60

INTRO TO FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Come join Coach Ali for a six week skills development clinic. No previous Field Hockey experience needed! The clinic will focus on game play, positioning & techniques. ***No 5/27.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-6	M	5:00 - 6:00pm	May 6 - Jun. 17	Up. Memorial	\$60

ADVENTURE HIKES

Instructed by Medway Parks and Recreation

Get out and enjoy spring at Choate Park. Each week will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	4:00 - 4:45pm	May 2 - May 23	Choate Park	\$30

LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	4:30 - 6:30pm	May. 23	Choate Park	\$5

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades K to 8 (for next school year starting in Sep. 2024). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration opens Friday, May 31 at 9am.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-6	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130
7-8	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Photography for Kids is a course that inspires those between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their own camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. ***Class will take place in Choate Park/the snack shack. No class 4/22 (Session I), No class 5/27 (Session II).**

S	AGES	DAY	TIME	DATES	LOCATION	FEE
I	8-16	M	4:00 - 5:00pm	Apr. 1 - Apr. 29	Choate Park	\$135
II	8-16	M	4:00 - 5:00pm	May 6 - Jun. 3	Choate Park	\$135

DEVELOP GAMES USING "PYTHON"

Instructed by Escout Academy

eScout Academy offers an introduction to the basics of science and physical computing, game building, and Lego robotics concepts in a fun and easy way. In Development Games using Python, students will be introduced to foundational computing skills, transitions from blocks to simple code, python basics, variables, loops, and functions to create visuals, artwork, simulations, interactive games, and more. Participants will need a laptop or Chromebook. Headphones are optional. **All programs are offered via Zoom.**

AGE	DAY	TIME	DATES	LOCATION	FEE
11-14	TU	5:30 - 6:30pm	Apr. 23 - Jun. 11	Online	\$165



CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! ***No class 5/27.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:15pm	May 6 - Jun. 3	Choate	\$30

CARD GAME CLUB

Instructed by Medway Parks and Recreation

Join us for some after school card game fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we could be learning: cribbage, spoons, pitch, rummy, golf, and many more. Students can also recommend games or bring in their favorites to play as well.

GR.	DAY	TIME	DATES	LOCATION	FEE
4-8	TH	5:15 - 6:15pm	May 16 - Jun. 6	Snack Shack	\$20

MIDDLE SCHOOL ADVENTURE - TREETOP ADVENTURES

Instructed by Medway Parks and Recreation

Early release day on a Friday = FUN! Kick your weekend off with some adventure. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School. **TreeTop Adventures is located in Canton.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	FR	11:00 - 4:30pm	May 17	TreeTop Adventures	\$70

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	3:30 - 6:30pm	May 14	Choate Park Snack Shack	\$90

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/25, Rain Date: 6/15.**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:15 - 1:15pm	Apr. 27 - Jun. 8	HS Tennis Court	\$65

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached. **This two day class takes place on Day 1 over Zoom from 6:00pm to 9:00pm followed by a 3 hour in person hands on workshop at the Medway Senior Center from 6:00pm to 9:00pm.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W-TH	6:00 - 9:00pm	May 15 - May 16	Senior Center	\$95

PUZZLE MANIA

Facilitated by Medway Parks and Recreation

Puzzlers, get ready to see who is the ULTIMATE PUZZLER! Individuals will compete to finish a 300-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 participants, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SU	3:00 - 4:30pm	Apr. 7	Senior Center	\$10

CREATE YOUR OWN SEED & SOUL AFFIRMATION KIT

Instructed by Heartspark

What would you like to invite more of into your life? In this workshop, Certified Life Coach and Intuitive Energy Practitioner Amanda Johnson from Heartspark and Certified Yoga & Breathwork Instructor Nikki Bouchey from Pause with Nikki, will guide participants through discussions and activities to gain clarity about what intentions they want to set for the rest of the year. Participants will then create an affirmation kit, filled with inspirational items that they can use throughout the year to support their goals, including: hand rolled beeswax meditation candles (created during the workshop), and the choice of inspirational cards and beautiful crystals. Head home with a personalized kit and access to an online resource of simple daily mindfulness practices to do with it.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:30pm	May 14	Senior Center	\$90

PHOTOGRAPHY WORKSHOP FOR MAMAS

Instructed by Lovely Pictures Studio

Join us for a Photography Workshop for Mamas hosted by Ana I. Viana from Lovely Pictures Studio. You will learn how to better take photos of your kids and family. Ana will teach you about lighting, angles, and photo composition. You could come alone or with your child (0 - 24 months old only). You could also bring a couple of different outfits. At the end of the session you will receive a digital portrait of your little one or a new headshot for you! Phone or camera required. DSLR preferred. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	10:00 - 11:00am	Apr. 4	Snack Shack	\$55
18+	TH	10:00 - 11:00am	Apr. 25	Snack Shack	\$55

SUMMER PEBBLE ART

Instructed by The Orange Jelly Fish

During this two-hour class, we will each create our own custom pebble summer image using various styles of beach stones, driftwood and shells directly hand picked off local New England beaches. This class is truly a wonderful opportunity to grab a couple friends for an evening or create a sentimental piece for your loved one.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:00 - 8:00pm	Jun. 5	Senior Center	\$70

BASKET WEAVING

Instructed by Studio by Garden Streets

Learn the basics of basket making (basketry) at this fun workshop. The finished basket is sized approximately 6-8" at the base and 5-7" tall, based on your own preference for shape. Its uses are quite versatile - Perfect as a fruit basket, bread basket, or to hold trinkets or small books around the house. Add a plastic liner and you can use it as a decorative plant container too! Topics covered include reed sizing, styles, design of baskets, techniques for creating the base, shaping, continuous weaving and lashing.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:00 - 8:00pm	Mar. 21	Senior Center	\$70

BONSAI 101 WORKSHOP

Instructed by Studio by Garden Streets

Come join a Master Gardener and learn about the ancient art of Bonsai, its history, fun facts and myth busters. Attendees will get hands on and creative with planting their very own bonsai tree! We will show you all the crucial steps needed (and why) to transition a bonsai-tree-in-training into its first real bonsai pot, and provide tips for care so that it will flourish for years to come.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:30 - 7:30pm	May 16	Senior Center	\$90

MEDITATION AND REIKI SESSION

Instructed by Heartspark

Our hearts are powerful, energetic powerhouses that help us connect with our passions and desires, while also guiding us toward our most expansive lives. Join certified life coach and intuitive energy practitioner, Amanda Johnson from Heartspark, as you learn how to connect with and listen to your own Heartspark - the inner knowing that lights you up from the inside and helps you know what is right for your unique life journey. You will gain clarity through gentle breathwork, a guided meditation and a mini-reiki energy healing. Plus, you'll be invited to complete and take home a journaling workbook, and participate in a supportive, open discussion about your experience. This session will help you get clear on one (or more!) things your heart wants you to know right now so you can take steps toward alignment. ***Class will be held at Medway Mill, 165 Main Street Suite 213.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:30pm	Apr. 30	Medway Mill	\$70

AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *No class 5/27, Rain Date: 6/17.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	6:00 - 7:30pm	May 6 - Jun. 10	Maplegate	\$170

WOMEN'S ONLY AFTER WORK GOLF

Instructed by Maplegate

Program is targeted for adult women golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 6/11.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:00 - 7:30pm	May 7 - Jun. 4	Maplegate	\$170

LEARN TO PLAY PICKLEBALL: BEGINNER CLINIC

Instructed by Jim Acton

Participants will learn the fundamentals of pickleball. Day one clinic will focus on the court set up, grip, ground strokes and serves. Day two will focus on dinks, rules, basic strategy and game play. Pickleball equipment, etiquette, and safety will also be covered. No paddle? No problem. We'll have paddles for you to use.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	M	11:00 - 1:00pm	Apr. 1	HS Courts	\$60
16+	SU	8:00 - 10:00am	May 5	HS Courts	\$60

PICKLEBALL SPRING TRAVEL LEAGUE

Facilitated by USTA

Medway Recreation is partnering with USTA New England to run a competitive mixed-gender advanced league.. This league is advanced and is for teams whose players have a 4.0 DUPR rating. Each team consists of 4-6 players (at least 2 men and 2 women). Games will be played against the other teams in the division over the course of a 6 week season. Each week, each doubles pair (one women's doubles, one men's doubles and one mixed doubles) will play best of 3 games against the opposing team. All matches will be played on Sundays from 9:00 to 11:00 am. Each team will designate a captain prior to registration. The captain will register themselves and their "team name" with their parks and recreation department. Players will register under their team or if you don't have a team, be placed on a team "looking for players". Captains will set the lineup each week and are responsible for subs. ***For more details visit the website. Rain dates: 6/19, 6/26.**

AGE	DAY	TIME	DATES	LOCATION	FEE
19+	SU	9:00 - 11:00am	Apr. 21 - Jun. 2	HS Courts	\$370/team

TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No class: 5/25* Rain Date: 6/15.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:00 - 9:30am	Apr. 27 - Jun. 8	HS Tennis Court	\$75

GOLF FOR MOM'S

Instructed by Maplegate

Put the kids on the bus, drop them off at daycare, grab a cup of coffee and head over to Maplegate to learn the game of golf with Medway's own PGA Professional. Program covers basic rules and etiquette along with the fundamentals of the pre shot routine, full swing and short game. Program includes use of practice facilities, range balls and equipment. **Maplegate Country Club is located at 160 Maple Street in Bellingham *No class 5/27, Rain Date 6/10.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	10:00 - 11:30am	May 6 - Jun. 3	Maplegate	\$140

LEARN TO PLAY PICKLEBALL: IMPROVER

Instructed by Jim Acton

This clinic is for players who have already taken a clinic or have been playing and understand the basic rules and fundamental pickleball skills. The focus will be on continued skill development as well as strategies for playing winning pickleball. The clinic will include a mix of drills and game play.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	SA	10:00 - 12:00pm	Apr. 6	HS Courts	\$60
16+	SA	10:00 - 12:00pm	May 5	HS Courts	\$60

DUPR

Facilitated by USTA

USTA New England & Medway Recreation are hosting a Pickleball DUPR play event on Saturday, June 1st . This event will allow players to obtain a DUPR rating which helps to ensure level-based play in future matches and programs. Players will sign up individually and will be playing with different players throughout the event.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:30 - 11:00am	Jun. 1	HS Courts	\$40

PICKLEBALL SOCIAL LEAGUE

Facilitated by USTA

Join the town of Medway and USTA New England for their Intermediate Social Pickleball League for Adults 19+! Bring your own paddle; balls and nets will be provided. Players must know the rules of Pickleball, how to keep score, and be able to serve and rally. ***Rain Date: 6/12.**

AGES	DAY	TIME	DATES	LOCATION	FEE
19+	W	6:00 - 8:00pm	May 1 - Jun. 5	HS Courts	\$75

SOCIAL TENNIS LEAGUE

Facilitated by USTA

The USTA New England Social Tennis League offers the opportunity for adults throughout New England to meet new people through the game of tennis. This league is a great way to improve your skills or get back into tennis in a fun, social environment. Our league runs from 6-8pm every Thursday night. Our first night is a fun hit around night open to anyone who is interested in the league. You'll get to meet everyone and get some practice in before matches start in week two. After that first night, we assign you to a team based on playing level and availability. Our teams and matches are co-ed and all levels are welcome as long as you can serve, rally and know the rules. Each team will have a captain who sets the weekly lineups, which will consist of two hour-long doubles matches. The winner of each match and the overall season is based on total games won, so every game counts! ***Rain date: 6/20, 6/27.**

AGES	DAY	TIME	DATES	LOCATION	FEE
21+	TH	6:00 - 8:00pm	May 2 - Jun. 13	HS Courts	\$75

OVER 30 BASKETBALL LEAGUE

Facilitated by Medway Parks and Recreation

Our Adult Basketball League gives our community an opportunity to play with their friends and colleagues in a controlled, outdoor under the lights atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today!

AGES	DAY	TIME	DATES	LOCATION	FEE
30+	TH	6:00 - 8:00pm	May 2 - Jun. 6	Oakland	\$15

UP/DOWN THE RIVER PLAYING CLINIC

Instructed by Jim Acton

A playing clinic which provides a competitive game format, Up/Down River is a combination of games with different players and skill development game - all in a fun atmosphere. Participants play games in 12-minute increments. At the end of the game, the winning team on each court moves up, and the other team moves down. Participants must have either taken a beginner/advanced beginner lesson and/or have pickleball playing experience and know the basic rules/scoring.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	SA	12:00 - 2:00pm	Apr. 6	HS Courts	\$30
16+	SU	9:00 - 11:00am	May 5	HS Courts	\$30

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Come see why pickleball is such a big DILL. Each week, two to four courts will be reserved for those who have registered. Teams will be formed from those who are in attendance, and games will then be played. Please note: there is no formal instruction and participants must bring their own equipment. ***No program 5/26 (Sundays).**

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:00 - 8:00pm	May 2 - Jun. 20	HS Courts	\$30
16+	SU	4:00 - 6:00pm	Apr. 28 - Jun. 23	HS Courts	\$30

YOGA IN THE PARK

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00- 7:00pm	May 7 - Jun. 25	Oakland Park	\$80

WALK THIS WAY

Facilitated by Medway Parks and Recreation

Bring on winter! There is no need to hibernate. Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	8:00 - 9:00am	May 7 - May 28	Trails of Medway	\$10

FIRST AID/CPR CERTIFICATION

Instructed by Juanita Allen Kingsley

The ASHI Pediatric CPR, AED, and First Aid training program provide an ideal training solution for schools, Scout Leaders, childcare providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children and infants. Topics covered include: First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult and Pediatric CPR & AED 2-year certification upon completion. ***Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
15+	TH	6:00 - 9:00pm	Jun. 13	Choate Park Snack Shack	\$80



PAINT NIGHT

Instructed by Let's Paint Club

Join Letiana from Let's Paint Club for a Spring paint night. Participants will listen to music, be creative, and have fun. At the end of the session, each painter will have their own 11" x14" painting to keep. All art supplies and instruction are provided to let yourself enjoy a night away from screens!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:30 - 8:30pm	May 2	Senior Center	\$30

VINYASA YOGA

Instructed by JodiRene Miller

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease. ***No class 5/27 (M), 5/23 (TH).**

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:30- 7:30pm	Apr. 22 - Jun. 10	Senior Center	\$80
16+	TH	6:30- 7:30pm	Apr. 25 - Jun. 13	Senior Center	\$80

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 5:00pm	Apr. 28	Senior Center	\$15/team

FAMILY BINGO NIGHT

Facilitated by Medway Parks and Recreation

Unplug and tune in to old-fashioned family fun! Join us for a fun-filled BINGO night with your family and friends.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	4:00 - 5:00pm	May 12	Senior Center	Free

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	SU	8:00 - 9:00am	Apr. 7	Trails of Medway	Free
All	SU	8:00 - 9:00am	May 5	Trails of Medway	Free
All	SU	8:00 - 9:00am	Jun. 9	Trails of Medway	Free



BUILD MEDWAY

Facilitated by Medway Parks and Recreation

This fun family activity will recreate many of Medway's iconic buildings in miniature! Participants will select from historic town buildings/structures and build them from 60,000 LEGO bricks. When Registering, ONLY Register 1 ADULT. There can be up to 4 participants per group. Come build the Medway that we know and love.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	M	6:00 - 8:00pm	Apr. 29	Senior Center	\$40/team

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3+	TU	5:00 - 5:50pm	Apr. 23 - Jun. 11	Norfolk	\$150
3+	SU	10:00 - 10:50am	Apr. 28 - Jun. 16	Norfolk	\$150

LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	4:30 - 6:30pm	May. 23	Choate Park	\$5

ARCHERY FOR ALL

Facilitated by On the Mark Archery

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors. **Hopkinton address is 15 Daniel Shay Road.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	W	6:00 - 7:00pm	May 1 - May 29	Hopkinton	\$200



Boating Nights 2024

2024 WILD WEDNESDAYS

	CHOATE PARK OLYMPICS 7/3 1PM - CHOATE PARK		CHOATE PARK SCAVENGER HUNT 7/31 1PM - CHOATE PARK
	TOMMY JAMES MAGIC SHOW 7/10 1PM - CHOATE PARK		DIANE EDGECOMB 8/7 1PM - CHOATE PARK
	HIGH FLYING DOG SHOW 7/17 1PM - THAYER HOUSE LAWN		DINO MAN 8/14 1PM - CHOATE PARK
	SILLY SALLY BUBBLE SHOW 7/24 1PM - CHOATE PARK		FOAM PARTY 8/21 1PM - THAYER HOUSE LAWN

MEDWAY PARKS AND RECREATION

MEDWAY CABLE ACCESS PRESENTS

MOVIES IN THE PARK

**WEDNESDAYS AT DUSK
THAYER HOUSE LAWN**

SUMMER FUN!

Medway, Millis & Holliston Summer Swim Team

JUNE 17 - AUGUST 11

www.medwayparksrec.com

TINYTYKES SOCCER

Instructed by Challenger Soccer

A fun introduction to soccer influenced by the very popular year-round TinyTykes curriculum. Includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M-F	8:00-8:45am	Aug. 5 - Aug. 9	Lamson	\$120

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	TU	4:15 - 5:00pm	Jul. 16 - Aug. 13	Step by Step	\$70

TODDLER TIME

Facilitated by Step by Step Dance Studio

A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18m - 3	TH	4:15 - 5:00pm	Jul. 18 - Aug. 15	Step by Step	\$70

SUMMER COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-6	W	4:00 - 5:00pm	Jul. 17 - Aug. 14	Step by Step	\$80

UNDER THE SEA

Instructed by Step by Step Dance Studio

Mermaids, turtles, sharks oh my! Join us for a day of under the sea fun with dancing, crafting all while imagining we are under the sea. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Jul. 31	Step by Step	\$35

CHRISTMAS IN JULY

Instructed by Step by Step Dance Studio

Come celebrate Christmas in July. The day will be full of dancing, stories and of course a holiday themed craft. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	TU	9:30 - 12:00pm	Jul. 23	Step by Step	\$35

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Jul. 14 - Aug. 18	Up. Memorial	\$175
2-3	SU	10:10 - 10:50am	Jul. 14 - Aug. 18	Up. Memorial	\$175
4-5	SU	11:00 - 11:50am	Jul. 14 - Aug. 18	Up. Memorial	\$175

GOLF FOR TODDLERS

Instructed by Maplegate Country Club

Fun based program targeted at new Golfers aged 1-4. Program will consist a 60 min sessions covering basic rules & swing fundamentals. Plastic Clubs & balls will be used which students can keep. **Maplegate Country Club is located at 160 Maple Street in Bellingham.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-4	M	10:00 -11:00am	Jun. 17	Maplegate	\$30
1-4	M	10:00 -11:00am	Jul. 8	Maplegate	\$30
1-4	M	10:00 -11:00am	Jul. 29	Maplegate	\$30
1-4	M	10:00 -11:00am	Aug. 19	Maplegate	\$30

FABULOUS FROZEN FUN

Instructed by Step by Step Dance Studio

A day themed with "frozen" activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in a winter wonderland with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Jul. 17	Step by Step	\$35



TASTY CREATIONS

Instructed by Little Scholars

Do you love food? Do you like art? What happens when they get mixed up? Tasty Creations! Our food artists will blend traditional art materials and snack foods to create one-of-a-kind masterpieces. Let your child's creativity flourish as they embark on a journey of flavor and artistic expression. ***This program will meet in the Choate Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-6	M-F	9:00 - 12:00pm	Aug. 12 - Aug. 16	Snack Shack	\$265

OLYMPIC FUN

Instructed by Little Scholars

Carry the Olympic torch to Paris this summer with Little Scholars! Our Little Olympians will explore the spirit of the Olympic Games through interactive games and theme-based projects. Join us in a gold medal winning summer experience. ***The program will not meet on 6/19 .**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-6	M-F	9:00 - 12:00pm	Jun. 17- Jun 21	Thayer House	\$265

JUNGLE BOOGIE DAY

Instructed by Step by Step Dance Studio

A morning full of imaginative jungle exploration. There will be lots of dancing, stories and a special craft **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Aug. 14	Step by Step	\$35

CREATIVE BUILDERS

Instructed by Little Scholars

Bang, Bang, Build, Build...is building things your jam? Construct some awesome creations with us using interlocking building blocks and many other interesting items. Learn the importance of communication, problem-solving, creativity, and teamwork, just like real engineers.

AGE	DAY	TIME	DATES	LOCATION	FEE
4-6	M-F	9:00 - 12:00pm	Aug. 19 - Aug. 23	Choate Park	\$265

MINI MED SCHOOL

Instructed by Little Scholars

Is there a doctor around? Mini Med School is coming your way! Our little doctors will learn the ins and out of the fascinating world of medicine. Grab your doctor bag and learn all about what doctors, dentists, vets, and other medical providers do to make our world a better place.

AGE	DAY	TIME	DATES	LOCATION	FEE
4-6	M-F	9:00 - 12:00pm	Jun. 24 - Jun 28	Thayer House	\$265

MAGICAL ME—ENCANTO INSPIRED

Instructed by Step by Step Dance Studio

A day themed with "Encanto" inspired activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in an enchanted forest with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	TU	9:30 - 12:00pm	Aug. 6	Step by Step	\$35



PRINCESS IN TRAINING

Instructed by Medway Parks and Recreation

Get your little ones ready to use their imagination and live in a fairy tale all week at Princess in Training. Put on your favorite princess dress and join us for crafts, games, dancing, and so much more - even a tea party! A fun and magical week will all lead up to a coronation ceremony that you won't want to miss. Princess attire is welcome, but if your royal dress is at the cleaners, athletic clothes work just fine. Let's have some royal fun!

AGE	DAY	TIME	DATES	LOCATION	FEE
4-8	M-F	9:00 - 12:00pm	Jun. 24 - Jun. 28	Choate Park	\$60

SUPERHERO TRAINING

Instructed by Little Scholars

Do you have what it takes to save the earth? Do you have the sparkle to rule the world? Train to be the superhero you were meant to be! Save the world from evil-doers everywhere in this interactive and high-energy program. The training combines cooperative games, team-building activities, literature, educational enrichment activities, and craft projects to ensure your powers will be supreme. ***No class 7/4.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-6	M-F	9:00 - 12:00pm	Jul. 1 - Jul. 5	Choate Park	\$265
4-6	M-F	9:00 - 12:00pm	Aug. 26 - Aug. 30	Choate Park	\$265



CHOATE BUDDIES

Instructed by Medway Parks and Recreation

At Choate Buddies your child will have an unforgettable experience and make memories that will last a lifetime. This program for kids ages 3-5, is jam-packed with great outdoor summertime activities such as arts & crafts, theme weeks, games, scavenger hunts, special events, guest presenters, field game days, and much more! The program will not be held in the event of rain, an email will be sent out the night before or the morning of before 8am. Sign up early, space is limited. Join us for the fun and make it a summer to remember!

S	AGE	DAY	TIME	DATES	LOCATION	FEE
1	3-5	M-F	9:15 - 12:15pm	Jul. 8 - Jul. 12	Choate Park	\$95
2	3-5	M-F	9:15 - 12:15pm	Jul. 15 - Jul. 19	Choate Park	\$95
3	3-5	M-F	9:15 - 12:15pm	Jul. 22 - Jul. 26	Choate Park	\$95
4	3-5	M-F	9:15 - 12:15pm	Jul. 29 - Aug. 2	Choate Park	\$95
5	3-5	M-F	9:15 - 12:15pm	Aug. 5 - Aug. 9	Choate Park	\$95

MEDWAY PARKS AND RECREATION AND THE LITTLE GYM OF MEDWAY PRESENT

FUN FRIDAYS IN THE PARK

FRIDAY, MAY 10, JUNE 14, JULY 12, AUGUST 9
10AM - 11:30AM

LITTLE GYM FUN, CHALK ART, SENSORY ACTIVITIES AND MUCH MORE

CHOATE PARK, MEDWAY

FIELD HOCKEY PRE SEASON CLINIC

Facilitated by Medway Parks and Recreation

Join Coach Ali and crew for a week long field hockey program! Great for returning players and new players. Each day will include fun high energy skill drills, game development activities, scrimmages, and field hockey inspired games. No experience needed.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-12	M-F	9:00 - 12:00pm	Aug. 26 - Aug. 30	Oakland	\$50

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Jun. 18 - Jul. 23	Norfolk	\$100
II	3+	TU	5:00 - 5:50pm	Jul. 30 - Sep. 3	Norfolk	\$100

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Skaters must possess level 1 U. S. Figure Skating Basic Proficiency in order to participate. Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Jun. 18 - Jul. 23	Norfolk	\$100
II	6-12	TU	5:00 - 5:50pm	Jul. 30 - Sep. 3	Norfolk	\$100



KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

We are redefining kid food – via Zoom! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Parents love having the night off from planning and preparation – and agree that coming together as a family to enjoy the product of their kid's labor is absolutely priceless. Please visit the website to see the menus for each season.

AGE	DAY	TIME	DATES	LOCATION	FEE
5-18	M	5:30 - 6:30pm	Jul 15 - Aug. 19	Online	\$85

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***Rain Date: 7/29 & 7/31.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	M,W,F	1:00 - 2:00pm	Jul. 15 - Jul. 26	HS Tennis Courts	\$65
3-5	M,W,F	2:00 - 3:00pm	Jul. 15 - Jul. 26	HS Tennis Courts	\$65

BEGINNER SKATEBOARDING

Instructed by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration.

GR.	DAY	TIME	DATES	LOCATION	FEE
7-14	F	9:00 - 12:00pm	Jun. 21	Oakland Park	\$60
7-14	M	9:00 - 12:00pm	Aug. 26	Oakland Park	\$60



ANIMATION & DEVELOP GAMES

Instructed by Escout Academy

eScout Academy offers an introduction to the basics of science and physical computing, game building, and Lego robotics concepts in a fun and easy way. In Animation and Develop Games Levels 1 & 2, students will be introduced to code puzzles, express and apply computing steps, and build and play with code blocks. Create games using sequencing, conditionals, and Operators concepts. Participants will need a laptop or tablet. Headphones are optional. **All programs are offered via Zoom.**

AGE	DAY	TIME	DATES	LOCATION	FEE
8-11	M,TU,W	11:00 - 12:30pm	Jul. 8 - Jul. 17	Online	\$135



TEEN VENTURE

Facilitated by Medway Parks and Recreation

Teen Venture Medway is back and better than ever for summer 2024! The program is an everyday field trip experience for middle school students entering 5th - 8th grade. This fun and exciting weekly journey is set up for middle schoolers to build memories through amazing experiences. These experiences include a wide selection of field trips that would appeal to all types of teens. Our goal is to offer socially and emotionally enriching experiences while also building critical thinking skills and developing independence. **Pick up and drop off will be at Cassidy Fields. If a week is full, please join the waiting list.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M-F	9:00 - 3:00pm	Jul. 15 - Jul. 19	Cassidy	\$350
5-8	M-F	9:00 - 3:00pm	Jul. 22 - Jul. 26	Cassidy	\$350
5-8	M-F	9:00 - 3:00pm	Jul. 29 - Aug. 2	Cassidy	\$350
5-8	M-F	9:00 - 3:00pm	Aug. 5 - Aug. 9	Cassidy	\$350



FILMMAKING

Facilitated by Filmmakers Collaborative

Ready, Set, Action! In this program students will bring creativity to life in a fun, collaborative and exciting environment. They will learn skills in scriptwriting, storyboard sketching, improvisation and camera skills. Together they will write, shoot and edit a film in a genre of their choosing and edit their project together using the professional editing software Adobe Premiere. *All films are eligible for submission to the 10th annual Boston International Kids Film Festival that will take place in November 2024.

GR.	DAYS	TIME	DATES	LOCATION	FEE
5-10	M-F	9:00 - 3:00pm	Jul. 8 - Jul. 12	Thayer House	\$365

FROZEN ROPES BASEBALL CAMP

Facilitated by Frozen Ropes

Frozen Ropes is excited to be back in Medway with our award winning Summer programs. Frozen Ropes has been operating Summer Camps in Metrowest for over 30 years! Experience top-notch instruction this summer with the only nationally recognized full-time baseball and softball training centers. The Frozen Ropes summer programs feature full-time professional instructors, structured curriculums and drills, controlled scrimmages to improve game skills, and low player to instructor ratio. All players received a Frozen Ropes T-shirt.

AGE	DAY	TIME	DATES	LOCATION	FEE
13+	TU-TH	10:00 - 1:00pm	Jul. 30 - Aug. 1	HS Baseball	\$168



TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***Rain Date: 7/29 & 7/31.**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	M,W,F	3:00 - 4:00pm	Jul. 15 - Jul. 26	HS Tennis Courts	\$65

CHOATE SUMMER C.I.T.

Facilitated by Medway Parks and Recreation

Why Be a Counselor In Training? The Choate Summer environment provides a unique opportunity for youth to build leadership skills, particularly in assisting staff with younger campers. The goal of the training program is to develop general skills of leadership that you can use throughout life at school, home, and community (not just at camp). The training received and talents of CIT's. are put into action. Being a Counselor-In-Training is an important role at Choate Summer in which leadership skills, good character, integrity, patience, and self-control are nurtured and developed. By participating in the CIT program, you will have the opportunity to give back and help create lasting memories. The CIT program serves as a possible stepping stone to future employment with Choate Summer. For more details visit the Parks and Recreation website.

S	AGES	DAY	TIME	DATES	LOCATION
1	13-15	M-F	9:00 - 3:00pm	Jul. 8- Jul. 12	Choate Park
2	13-15	M-F	9:00 - 3:00pm	Jul. 15 - Jul. 19	Choate Park
3	13-15	M-F	9:00 - 3:00pm	Jul. 22- Jul. 26	Choate Park
4	13-15	M-F	9:00 - 3:00pm	Jul. 29 - Aug. 2	Choate Park
5	13-15	M-F	9:00 - 3:00pm	Aug. 5 - Aug. 9	Choate Park
6	13-15	M-F	9:00 - 3:00pm	Aug. 12- Aug. 16	Choate Park
7	13-15	M-F	9:00 - 3:00pm	Aug. 19 - Aug. 23	Choate Park



DEVELOP GAMES USING "PYTHON"

Instructed by Escout Academy

eScout Academy offers an introduction to the basics of science and physical computing, game building, and Lego robotics concepts in a fun and easy way. In Development Games using Python, students will be introduced to foundational computing skills, transitions from blocks to simple code, python basics, variables, loops, and functions to create visuals, artwork, simulations, interactive games, and more. Participants will need a laptop or Chromebook. Headphones are optional. **All programs are offered via Zoom.**

AGE	DAY	TIME	DATES	LOCATION	FEE
11-14	M,TU,W	11:00 - 12:30pm	Jul. 8 - Jul. 17	Online	\$165

AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham Rain Date: 8/12.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	6:00 - 7:30pm	Jul. 8 - Aug. 5	Maplegate	\$170

SOCIAL TENNIS LEAGUE

Facilitated by USTA

The USTA New England Social Tennis League offers the opportunity for adults throughout New England to meet new people through the game of tennis. This league is a great way to improve your skills or get back into tennis in a fun, social environment. ***Rain date: 8/29 & 9/5.**

AGES	DAY	TIME	DATES	LOCATION	FEE
21+	TH	6:00 - 8:00pm	Jul. 11 - Aug. 22	HS Courts	\$75

ZUMBA

Facilitated by Step by Step Dance Studio

Zumba fuses hypnotic Latin rhythms with easy to follow moves created a one of a kind fitness program. Fast and slow rhythm and resistance training are combined to tone and sculpt your body while burning fat. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	8:00 - 9:00pm	Jul. 18 - Aug. 15	Step by Step	\$80

JAZZ

Facilitated by Step by Step Dance Studio

This class helps develop a sense of rhythm & style. It consists of isolation warm-ups, major muscle warm-ups, stretch, floor progressions & combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	8:00 - 9:00pm	Jul. 16 - Aug. 13	Step by Step	\$80

VINYASA YOGA

Instructed by JodiRene Miller

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease. ***No class 8/12 (M), 8/15 (TH).**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:30 - 7:30pm	Jul. 8 - Aug. 26	Senior Center	\$80
16+	TH	6:30 - 7:30pm	Jul. 11 - Aug. 29	Senior Center	\$80

YOGA IN THE PARK

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:00pm	Jul. 9 - Aug. 27	Oakland Park	\$80

TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals & basics including rhythm, timing & precision. The class consists of foot & ankle warm-ups, floor progressions & combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	7:00 - 8:00pm	Jul. 16 - Aug. 13	Step by Step	\$80

BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 8:00pm	Jul. 17 - Aug. 14	Step by Step	\$80

30 + BASKETBALL LEAGUE

Facilitated by Medway Parks and Recreation

Our Adult Basketball League gives our community an opportunity to play with their friends and colleagues in a controlled, indoor atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today!

AGES	DAY	TIME	DATES	LOCATION	FEE
30+	TH	6:00 - 8:00pm	Jul. 11 - Aug. 15	Oakland	\$15

DUPR

Facilitated by USTA

USTA New England & Medway Recreation are hosting a Pickleball DUPR play event on Saturday, June 1st. This event will allow players to obtain a DUPR rating which helps to ensure level-based play in future matches and programs. Players will sign up individually and will be playing with different players throughout the event. ***Rain Date 7/20.**

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:30 - 11:00am	Jul. 13	HS Courts	\$40

Pickleball anyone? We will be adding new pickleball clinics throughout the summer. Please check the website for the most up to date schedule of clinics.



SUMMER PEBBLE ART

Instructed by The Orange Jelly Fish

During this two-hour class, we will each create our own custom pebble summer image using various styles of beach stones, driftwood and shells directly hand picked off local New England beaches. This class is truly a wonderful opportunity to grab a couple friends for an evening or create a sentimental piece for your loved one.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:00 - 8:00pm	Jun. 5	Senior Center	\$70

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached. **This two day class takes place on Day 1 over Zoom from 6:00pm to 9:00pm followed by a 3 hour in person hands on workshop at the Medway Senior Center from 6:00pm to 9:00pm.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU-W	6:00 - 9:00pm	Jul. 16 - Jul. 17	Senior Center	\$95

PICKLEBALL SOCIAL LEAGUE

Facilitated by USTA

Join the town of Medway and USTA New England for their Intermediate Social Pickleball League for Adults 19+! Bring your own paddle; balls and nets will be provided. Players must know the rules of Pickleball, how to keep score, and be able to serve and rally. ***Rain Date: 8/9.**

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:00 - 7:30pm	Jun. 26 - Jul. 31	HS Courts	\$75



SUMMER TERRARIUM WORKSHOP

Instructed by SaraBeth Vintage Home and Garden

Looking for a fun and interactive way to get creative? Anyone will have a blast using their imagination to design their very own little world in a cute decorated jar! Choose your container and all of the accessories to make your own unique scene. You will learn how to create a stunning layered terrarium made with air plants, as well as a lesson on how to care for and grow air plants yourselves!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:30 - 8:30pm	Jul. 17	Senior Center	\$80

ARCHERY FOR ALL

Facilitated by On the Mark Archery

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors. **Medway class is held at McGovern School - 9 Lovering Street. Hopkinton address is 15 Daniel Shay Road.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	7+	W	6:00 - 7:00pm	Jun. 5 - Jul. 3	Medway	\$200
II	7+	W	6:00 - 7:00pm	Jul. 31 - Aug. 28	Hopkinton	\$200

PICKLEBALL SUMMER TRAVEL LEAGUE

Facilitated by USTA

Medway Recreation is partnering with USTA New England to run a competitive mixed-gender advanced league. This league is advanced and is for teams whose players have a 4.0 DUPR rating. Each team consists of 4-6 players (at least 2 men and 2 women). Games will be played against the other teams in the division over the course of a 6 week season. Each week, each doubles pair (one women's doubles, one men's doubles and one mixed doubles) will play best of 3 games against the opposing team. All matches will be played on Sundays from 9:00 to 11:00 am. Each team will designate a captain prior to registration. The captain will register themselves and their "team name" with their parks and recreation department. Players will register under their team or if you don't have a team, be placed on a team "looking for players". Captains will set the lineup each week and are responsible for subs. ***For more details visit the website. Rain dates: 8/11.**

AGE	DAY	TIME	DATES	LOCATION	FEE
19+	SU	9:00 - 11:00am	Jun. 30 - Aug. 4	HS Courts	\$370/team




OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, two courts will be set up, teams will be formed from those who are in attendance, and games will then be played.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:00 - 8:00pm	Jul. 11 - Aug. 22	HS Courts	\$30
16+	SU	5:00 - 7:00pm	Jul. 14 - Aug. 25	HS Courts	\$30

MAY/JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
28 Super Soccer Stars Learn to Skate Outdoor Pickleball Puzzlepalooza	29 Pint Sized Picassos Lil Ninja Warriors Build Medway	30 Chess Wizards Medway Detectives STEM Challenges Meditation	1 Street Hockey Pickleball Social League Archery for all	2 Treasure Hikes Preschool/youth Basketball Kids Charcuterie Adventure Hikes Social Tennis League Over 30 Basketball Paint Night	3	4
5 Learn to play pickleball Up/Down the river Take a hike	6 Cross Country Intro to field hockey Photography for Kids After work group lessons Golf for Moms	7 Sugar Club Womens Only	8	9 Kids Game Night	10 Can you dig it?	11
12 Family Bingo Night	13	14 Nerf Battlegrounds BLAST Babysitting Create your own seed	15 Tiny Tot Olympics Pet First Aid and CPR	16 Card game club Bonsai Workshop	17	18 Medway Pride Day
19 Beginner Skateboarding	20	21	22	23 Learn to Fish	24	25
26	27 	28 Sugar Club	29 Kids Paint Night	30	31 Field Hockey Registration Dinosaur Party	
SUN	MON	TUE	WED	THU	FRI	SAT
						1 Fishing Derby DUPR 
2 Graduation 	3	4	5 Nerf Battlegrounds Pebble Art Archery for all	6	7 Can you dig it?	8
9 Take a Hike	10	11 Sugar Club	12	13	14	15
16	17 Golf for Toddlers Olympic Fun	18 Learn to Skate Learn to Play Hockey	19	20	21 Beginner Skateboarding	22
23	24 Princess in Training Mini Med School	25	26 Pickleball Social League	27	28	29



JULY/AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
30 Pickleball Summer League	1 Summer Concert Superhero Training	2	3 	4 	5	6
7	8 Summer Concert Golf for Toddlers Choate Buddies Escout Academy After work group lesson Vinaysa Yoga	9 Hatha Yoga	10 	11 Social Tennis League Vinyasa Yoga Over 30 Basketball Outdoor Pickleball	12	13 DUPR
14 Super Soccer Stars Outdoor Pickleball	15 Summer Concert Choate Buddies Kids Test Kitchen Tennis	16 Preschool Dance Jazz Tap Pet First Aid	17 Combo Dance Frozen Fun Ballet Terrarium 	18 Toddler Time Zumba	19	20
21	22 Summer Concert Choate Buddies	23 Christmas in July	24 	25	26	27
28	29 Summer Concert Golf for Toddlers Choate Buddies	30 Learn to Skate Learn to Play Hockey	31 Under the Sea Archery for all 			
SUN	MON	TUE	WED	THU	FRI	SAT
				1 Outdoor Pickleball	2	3
4	5 Summer Concert Tiny Tykes Choate Buddies	6 Magical Me	7 	8	9	10
11	12 Summer Concert Tasty Creations	13	14 Jungle Boogie Day 	15	16	17
18	19 Creative Builders	20	21 Golf for Toddlers 	22	23	24
25	26 Superhero Training Preseason Field Hockey Beginner Skateboarding	27	28	29	30	

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

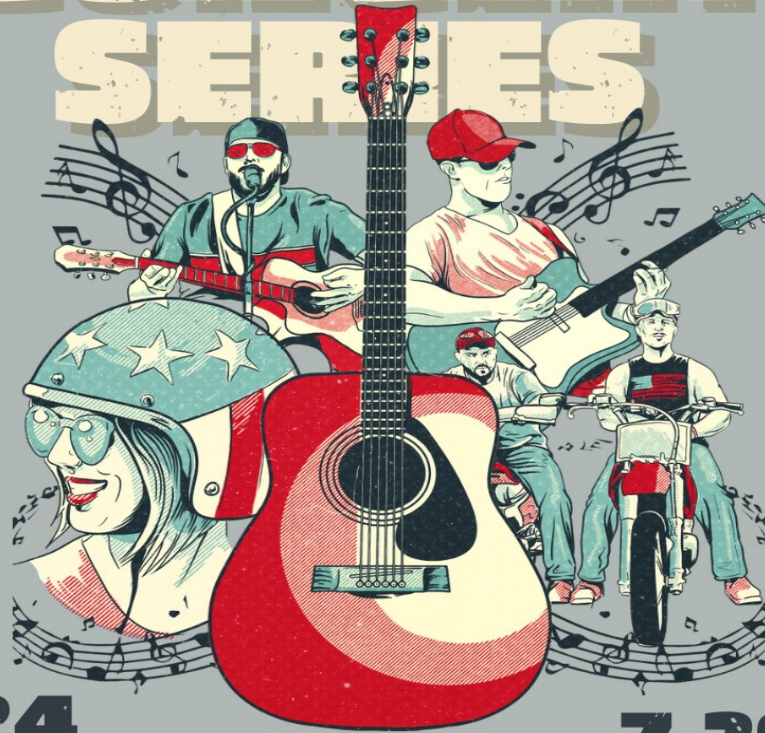
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MEDWAY PARKS AND RECREATION

SUMMER CONCERT SERIES



7.01.2024
SOUTHEASTERN MA
COMMUNITY BAND

7.29.2024
SOUTH STREET BAND

7.22.2024
PUB KINGS

7.08.2024
THE MUSIC MATTERS
BAND

8.05.2024
HEARTLAND RADIO

7.15.2024
SO LUCKY DMB
TRIBUTE BAND

8.12.2024
PETTY LARCENY
BAND

6-8pm at Oakland Park